

HAYS RECREATION COMMISSION

2017 YOUTH VOLLEYBALL RULES

The 2017 HRC Youth Volleyball League will be governed similar to Junior High School volleyball. All games are governed by the 2016 Kansas High School Volleyball rules except where modified for the youth.

GENERAL RULES OF THE HRC VOLLEYBALL PROGRAM

1. The court of play may be modified to make it appropriate for each age group.
2. No street shoes will be allowed to play in. A player shall not wear anything which is dangerous to another player such as: jewelry, watches, rings or neck chains. No food or drinks are allowed in the gym and please no coolers.
3. **Teams are allowed one (1) practice per week lasting one (1) hour and thirty (15) minutes in length at the Hays Recreation Center.**
4. *All participants will receive a practice ball at their first practice to be utilized for practices. Game balls will be provided on game days (Tachikara Lite Spike and Tachikara Game).* **All players are required to have knee pads for play.**
5. At the beginning of the game, choice of serve or side shall be determined by a flip of the coin. The team winning the flip will have the choice of service or side of play. Teams will switch sides for the next game. For the third game service and side shall be determined by a flip of the coin.
6. Rally scoring will be utilized for scoring. Games will be to twenty-five (25) points and teams must be ahead by two (2) points. A match is the best two (2) out of three (3) games. **If a match goes to a third game that game will be played to fifteen (15) points and teams must be ahead by two (2) points.** If a team wins the first two (2) games of the match a third (3) game may be played only if time permits, and if agreed upon before the match.
7. Net height for the 3rd and 4th grade will be approximately 6 feet 6 inches and net height for 5th and 6th grade will be 7 feet 4 inches.
8. Ordinary play is based on six players, but teams may start with four players. Three players or less constitutes a forfeit. Teams will consist of six to eight players. If you have more than six players then you must play them all and they must rotate in at the center back position, in place of the server. A sixth person just arriving may enter the game on a dead ball when ready at center back. Coaches may not skip people in the rotation. This will allow the most equal playing time.

*** NOTE*** For 5th and 6th grades only. **Substitutions will continue to be made for the middle back position, but instead of players just running in and out, they will be required to sub on the net side of the 10 ft (spiking line).** This has been changed to prepare players for competitive play at the junior high level. This type of substitution is required by KSHSAA. We want to teach the players the appropriate requirements to properly prepare them to play or watch and understand game rules.

9. **The first server of a game shall be the right back player of the serving team.** Servers will serve anywhere on the end line. Any served ball that touches any part of the ceiling will result in a side out. Serves may hit the net and go over. This is called a "Let Serve."

10. Servers will not be allowed to serve more than four points in row. After the fourth service point in a row the serving team will rotate positions, but maintain the serve. Also, once a team has scored eight (8) points in a row it will be a side out and service will go to the opposing team (*no point will be awarded to the opposing team however*). **In the 3rd and 4th grade division the server has two attempts to get a serve in play. In the 5th and 6th grade division the server will have two attempts to get a serve in play for the first set, of the first match only. After the first match they will get no second chances on a service error.** In the 3rd and 4th grade division a medium service line will be established. The server must serve from behind this line. Overhand serves may be attempted from the short service line in both the 3rd and 4th grade division as well as in the 5th and 6th grade division. However, in the 5th & 6th grade division all underhand serves must be attempted from the back service line.

11. Teams may play the ball off of the ceiling if they have hits remaining. Facility obstructions that will affect play will be discussed in pre-game by the referee.

12. If for any reason a manager/coach sees fit not to play a player (disciplinary reasons), that manager/coach must first contact the Sports Director for approval. Unless approved by the HRC Sports Director, all players must play. Violators of this rule may forfeit the game. If someone is present and cannot play due to injury, then the coach must notify the official. Coaches must have a justifiable reason for not playing their players. Coaches should contact parents first to determine the reason a player is absent. Some reasons are legitimate.

13. Protests are allowed only for the purpose of determining an ineligible player. All other questions regarding a ruling by an official shall be settled on the spot by the official and supervisor if available. Judgment calls are not open to discussion.

14. Each team is allowed one (1) time-out per game. Time-outs will last one (1) minute in length and can only be called by the coach on dead balls.

15. Forfeit time is ten (10) minutes after the scheduled game time. If game time is 2:00pm, forfeit time is 2:10pm. Note: The referees watch is the official watch.

16. One (1) referee shall be appointed to officiate each game. The referee's authority granted to him/her by the Laws of the game commence as soon as he/she enters the court of play.

17. **Each team is responsible for providing a line judge.** The line judge duties will be explained by the referee before the start of the game. This could be a parent or another coach being the line judge.

18. Game cancellation information can be heard by listening to local radio stations, visiting our website www.haysrec.org, or by signing up for our text-caster.

UNSPORTSMANLIKE CONDUCT

1. Unsportsmanlike conduct will not be tolerated. Any manager, coach, or player who displays unsportsmanlike conduct can be ejected from a match and can be asked to leave the building. If a manager, coach, or player are ejected from a match, that manager, coach, or player will be suspended from participation and play during their next scheduled match played. If a manager, coach, or player is ejected from a match a second time, that manager, coach, or player will be suspended from participation and play for the remainder of the season. Note: Foul and/or profane language is considered unsportsmanlike conduct and is grounds for ejection. (Refer to the HRC Code of Conduct)

2. Tobacco (smoking and chewing) and alcoholic beverages are not permitted in the gymnasium.

3. Managers and assistants shall be responsible for the conduct of their players and parents or relatives of the players.

4. Spectators who display unsportsmanlike conduct can be asked to leave the gymnasium.



HAYS RECREATION COMMISSION

PLAYER - COACH - SPECTATOR

CODE OF CONDUCT

1. DEFINITIONS:

A. Player - The person who "participates in the game". The person must be listed on the Certification of Roster form.

B. Coach - The person designated as the team spokesperson, and may be a player, non-player and/or team representative.

C. Spectator - The person who comes to the game to watch for leisure entertainment with no physical involvement.

D. Team Member - Coach, manager, player, non-player, team representative, and/or obvious fan.

E. Participation - Active involvement in the game, including sitting on the bench, coaching the players, etc...

F. Sports Official - The persons who administer the sports league/activity: referees, umpires, scorekeepers, supervisors, etc...

2. SPECIFIC REGULATIONS:

A. No team member shall at any time (in a threatening manner) lay a hand upon, shove, strike, or verbally threaten an opposing team member, Sports Official or spectator.

Offense	Minimum Penalty	Maximum Penalty
Lay a hand upon another person	Suspension for the remainder of the season.	Suspension for one (1) year or more as deemed appropriate by the HRC.
Shove an official, coach or spectator or strike another person punch of any kind	Suspension from the league for one (1) year.	Suspension from the league for more than one (1) year as deemed appropriate by the HRC.
Verbally threaten another person.	Suspension for four (4) games	Suspension for the remainder of the season.

Note: If any player is found guilty of assaulting a Sports Official as an aggressor, the entire team may be dismissed from the league, disbanded and never allowed to play as a team in any Recreation league program again. Damaged or stolen property will require immediate replacement. In addition, the player and/or team members may also face prosecution.

B. No team member shall refuse to abide by the Sports Official's decision.

Offense

Refusing to perform a duty that a Sports Official would normally request, i.e., filling in the team lineup on time, picking up trash left by the team, etc...

Minimum Penalty

Warning from the Sports Official

Maximum Penalty

Ejection from the game, & suspension from the team's next two (2) games.

C. No team member shall make obscene gestures nor make objectionable demonstrations of dissent towards the Sports Official.

Minimum Penalty

Ejection from that game.

Maximum Penalty

Ejection from the game, & suspension as deemed appropriate by the HRC.

D. No team member shall discuss with the Sports Official in any manner the decision reached by the Official, EXCEPT THE COACH OR TEAM SPOKESPERSON.

Minimum Penalty

Ejection from that game.

Maximum Penalty

Ejection from the game, & suspension as deemed appropriate by the HRC.

E. No team shall be guilty of using unnecessarily rough tactics against an opposing player.

Minimum Penalty

Ejection from that game.

Maximum Penalty

Ejection from the game, & suspension as deemed appropriate by the HRC.

3. Special Notes:

A. Any player who has been removed from a game on a misconduct charge is automatically on probation for the remainder of the season. If reported a second time for violation of the Code of Conduct, the player will be suspended from the remainder of the league season.

B. Any player ejected from a game **MUST** leave the GYM/FIELD within (2) MINUTES, without further verbal/physical abuse towards the Sports Official. Failure to do so can carry further penalties including suspension from play for the remainder of the season.

ANY PLAYER EJECTED THAT REFUSES TO LEAVE THE GYM/FIELD WITHIN TWO (2) MINUTES, CAN CAUSE HIS/HER TEAM TO FORFEIT.

C. Any player who is NOT allowed to participate in the team's next game(s) is furthermore NOT ALLOWED TO ATTEND AND/OR COACH ANY GAMES DURING THE SUSPENSION. The ejected player is banned from the facility during his/her suspension period.

D. The Code of Conduct is not protectable.



National Standards of NYSCA Coaches

The National Standards for Youth Sports place in motion a nationwide policy for youth leagues that strive to operate their programs with the best interests of children as their primary objective.

Copies of the National Standards For Youth Sports, with complete information including rationale and implementation, are made available to youth leagues by contracting NYCA Headquarters.

#1 Proper Sports Environment

Parents must consider and carefully choose the proper sports environment for their child, including the appropriate age and development for participation, the type of sport, the rules of the sport, the age range of the participants, and the proper level of physical and emotional stress.

#2 Programs Based on the Well-Being of Children

Parents must select youth sports programs that are developed and organized to enhance the emotional, physical, social and educational well-being of children.

#3 Drug, Tobacco & Alcohol-Free Environment

Parents must encourage a drug, tobacco and alcohol-free environment for their children.

#4 Part of a Child's Life

Parents must recognize that youth sports are only a part of a child's life.

#5 Training

Parents must insist that coaches are trained and certified.

#6 Parent's Active Role

Parents must make a serious effort to take an active role in the youth sports experience of their child providing positive support as a spectator, coach, league administrator and/or caring parent.

#7 Positive Role Models

Parents must provide positive role models, exhibiting sportsmanlike behavior at games, practices, and home, while also giving positive reinforcement to their child and support to their child's coaches.

#8 Parental Commitment

Parents must demonstrate their commitment to their child's youth sports experience by annually signing the Parents Code of Ethics Pledge.

#9 Safe Playing Situations

Parents must insist on safe playing facilities, healthful playing situations, and proper first aid applications, should the need arise.

#10 Equal Play Opportunity

Parents, coaches, and league administrators must provide equal play opportunity for all youth regardless of race, creed, sex, economic status or ability.

#11 Drug, Tobacco & Alcohol-Free Adults

Parents must be drug, tobacco and alcohol-free at youth league sporting events.

Coaches' Code of Ethics

I hereby pledge to live up to my certification as a NYSCA Coach by following the NYSCA Coaches' Code of Ethics.

I will place the emotional and physical well being of my players ahead of a personal desire to win.

I will treat each player as an individual, remembering the large range of emotional and physical development for the same age group.

I will do my best to provide a safe playing situation for my players.

I will promise to review and practice the basic first aid principles needed to treat injuries of my players.

I will do my best to organize practices that are fun and challenging for all my players.

I will lead by example in demonstrating fair play and sportsmanship to all my players.

I will be knowledgeable in the rules of each sport that I coach, and I will teach these rules to my players.

I will use those coaching techniques appropriate for each of the skills that I teach.

I will remember that I am a youth sports coach, and that the game is for children and not adults.

Coach Signature

Date

Players' Code of Ethics

I hereby pledge to provide a positive attitude and be responsible for my participation in Youth Sports by following this Code of Ethics:

I will encourage good sportsmanship from fellow players, coaches, officials and parents at every game and practice.

I will attend every practice and game that is reasonable possible and notify my coach if I cannot.

I will expect to receive a fair and equal amount of playing time.

I will do my very best to listen and learn from my coaches.

I will treat my coaches with respect regardless of race, sex, creed or abilities and I will expect to be treated accordingly.

I deserve to have fun during my sports experience and will alert parents or coaches if it stops being FUN!

I deserve to play in an alcohol, tobacco and drug free environment and expect adults to respect that wish.

I will encourage my parents to be involved with my team in some capacity because it's important to me.

I will do my very best in school.

I will remember that a sport is an opportunity to learn and have fun.

Players' Signature

Date

Parents' Code of Ethics

I hereby pledge to provide positive support, care, and encouragement for my child participating in youth sports by following this Parents' Code of Ethics Pledge.

I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, or other youth sports event.

I will place the emotional and physical well being of my child ahead of a personal desire to win.

I will insist that my child play in a safe and healthy environment.

I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.

I will demand a sports environment for my child that is free of drugs, tobacco, and alcohol, and will refrain from their use at all youth sports events.

I will remember that the game is for youth—not for adults.

I will do my very best to make youth sports fun for my child.

I will ask my child to treat other players, coaches, fans, and official, with respect regardless of race, sex, creed, or ability.

I promise to help my child enjoy the youth sports experience by doing whatever I can, such as being a respectful fan, assisting with coaching, or providing transportation.

I will require that my child's coach be trained in the responsibilities of being a youth sports coach and that the coach upholds the Coaches' Code of Ethics.

I will read the NYSCA National Standards for Youth Sports and do what I can to help all youth sports organizations implement and enforce them.

Parent signature

Parent Signature

Date